



HDC NEWS



KEEP ACTIVE AND IMPROVE HEALTH

Health & Fitness

In trying to maintain the well being of the District's communities, Council has a need to encourage the health of its citizens. In order to do this Council keeps reserves for active pursuits, such as sport, and for swimming, walking and cycling. It also provides quiet restful areas so that people can indulge in quiet contemplation to give mental health a boost.

As well as these more passive activities, Council contributes to Sport Waikato so that it can provide a coordinator in our area to encourage exercise more actively in our District.

Sport Waikato has a mission to promote and foster participation in sport and active living across the greater Waikato by delivering programmes and initiatives tailored for the Waikato people. It delivers numerous programmes working with the very young, school aged children and the elderly as well as providing support to sports groups throughout the district.

There is no doubt that getting plenty of exercise improves your health and any initiative that will increase the exercise people do will, in turn, improve the overall health of the community and save money for medical intervention. With this in mind, Sport Waikato provides practical support for the Green Prescription programme. This is where doctors, instead of resorting to drugs to cure some complaints, give a written prescription to a patient for an exercise programme.



Another very important and popular area of work that the District coordinator does is that of Kiwi Baby, Kiwi Toddler and Kiwi Preschooler. These programmes are delivered free to all children in the district, encouraging parents and early childhood workers to promote exercise at the right level from birth. These programmes were pioneered by Sport Waikato and have now been taken up by other parts of the country.

These are just a few of the many ways Sport Waikato helps improve the health of our people. At the moment the organisation is planning its annual sports awards to acknowledge sporting achievement throughout the district so please be thinking of who you should be nominating for these awards and pick up a nomination form from your nearest Council office. If you need any more information our District Sports Coordinator, Julie Stephenson, can be contacted by phoning the Council on (07) 862 8609 or free phone 0800 734 834 (from within Hauraki District).

Hauraki District Council's Pensioner Units

The Hauraki District Council has pensioner units in Waihi, Paeroa and Ngatea. If you are over 60 and think you may like to live in a pensioner unit please contact the Council for an application form. Even though there are no vacancies at this time it is a good idea to complete an application form and put your name on the waiting list.

Where	Types of unit
Waihi	13 x one bed room units 7 x bed sits
Paeroa	24 x one bed room units
Ngatea	12 x one bed room units

What do you get as a tenant in a Hauraki District Council pensioner flat?

- Accommodation of reasonable standard
- Assurance of long term tenancy
- Lawns mown
- Water consumption paid for
- Regular building and appliance maintenance
- Building insurance
- Rates paid
- Accommodation within reasonably close proximity of the town centre
- No capital outlay in property

For more information please contact Robyn Kirby (07) 862 8609 or free phone within the Hauraki District 0800 734 834

Did you know?



Facts of the Day

Water supply –

- Hauraki District owns and operates eight water supplies
- It supplies 8,000 households with a metered water supply
- 2,700 households have their own water supplies
- The Hauraki Plains supplies are not "on demand" but consumers need to have their own 24 hour on-site storage
- Council must meet targets of the NZ Fire Service Code of practice to make sure there is enough water pressure in urban areas for emergencies.

Elected Members Diary

Meetings for the week of the 28th July to the 3rd August:

Monday 28th to Wednesday the 30th July: Local Government Conference in Rotorua.

Thursday 31st July: Full Council Meeting



REMINDER TO DOG OWNERS

This reminder gives you an opportunity to register your dog(s) before July 31, 2008.

Dogs remaining unregistered after July 31st, 2008 will incur substantial penalty fees, and be liable for an infringement fee of \$300.00



COUNCIL AND COMMITTEE MEETINGS

Pursuant to Section 46 of the Local Government Official Information and Meetings Act 1987, public notice is hereby given that the following meetings will be held during the month of August 2008.

All meetings are to be held in the Council Chambers, Williams Street, Paeroa* unless otherwise advised.

CONSULTATIVE WATER & WASTES COMMITTEE

TUESDAY 5 AUGUST 2008, 10.00AM

HEARINGS COMMITTEE

THURSDAY 7 AUGUST 2008, 9.00 AM

(if required)

THURSDAY 21 AUGUST 2008, 9.00 AM

(if required)

TUESDAY 12 AUGUST 2008,

WARD COMMITTEES

PLAINS 9.00 AM
PAEROA 12.30 PM
WAIHI 2.30 PM

EXTRAORDINARY MEETING

(LTCCP WORKSHOP)

WEDNESDAY 20 AUGUST 2008, 9.00AM

COUNCIL MEETING

WEDNESDAY 13 AUGUST 2008, 9.00 AM
THURSDAY 27 AUGUST 2008, CITIZENSHIP CEREMONY 8.45 AM, THEN COUNCIL MEETING, 10.00 AM

WESTERN PLAINS DISTRICT

DRAINAGE COMMITTEE

COUNCIL OFFICE, ORCHARD EAST ROAD, NGATEA
TUESDAY 26 AUGUST 2008, 10.30 AM

EASTERN PLAINS DISTRICT DRAINAGE

COMMITTEE

COUNCIL OFFICE, ORCHARD EAST ROAD, NGATEA
TUESDAY 26 AUGUST 2008, 1.30PM



Watch those Bends and Intersections

The most recent statistics from Land Transport NZ for the Eastern Waikato, which includes Thames-Coromandel, Hauraki and Matamata-Piako, highlights two areas where the crash level is higher than the rest of the country.

The two areas are 'intersections' and 'loss of control on bends'. While major contributory factors of alcohol and speed were shared with the rest of the nation, our region has its highest factor as 'crashes at intersections'.

Of course 'loss of control on bends' is perhaps understandable given the nature of roads on the Coromandel Peninsula, including our own Karangahake Gorge. Loss of control on bends was a contributory cause in almost half of the fatal and serious crashes throughout the area. 65% of all serious crashes involved loss of control.

It was interesting to note, from Council's point of view, that road factors contributed in only 14% of crashes.

Other statistics showed that on local roads the worst month for accidents is January – understandable as that is when we have a high influx of holiday makers to our district, with more traffic and higher congestion. Conversely the month with the least amount of accidents was recorded in June, in the depths of winter. However, it is interesting to note that most accidents occurred on a Wednesday and the least on a Sunday.

Accident statistics on Transit roads (State Highways) showed a trend that more crashes happened on Fridays and the least number of crashes were recorded on Mondays.

The important point to note in all this is to **drive within your limits and to the conditions.**

If the road is bendy, **slow down.** If the road is wet, **slow down.** When you come to an intersection **slow down to a stop** if necessary and exercise extreme caution.

