

Workshop Overview

How to build a better relationship with any teenager

What every adult has to know

Target audience: Anyone in contact with teens – i.e. parents, teachers, youth workers, employers.

Duration: 2 hours

While speaking their 'lingo' might not get you off on the right foot with youth you're surrounded by, this workshop will definitely open your eyes to the numerous possibilities of how to connect and improve your relationship with teenagers. Whether you are an employer, youth worker, caregiver, or are just surrounded by adolescents (and we all are), get ready because this 'schizz' will guarantee improvement in all areas. Influenced and inspired by Eva-Maria's book 'You Shut Up!', this workshop may just be the key to your success, and success of the youth around you out - short-term and more importantly long-term.

Don't miss it – you gotta be there!

Eva-Maria Profile



Nineteen year old international speaker and certified coach Eva-Maria is living her dream: to bridge the gap of misunderstanding between teenagers and adults around the globe. She is the author of the world's first parenting book written by a teenager; provocatively titled "You Shut Up!" the book captured attention all over New Zealand and beyond.

Eva-Maria is a graduate of Athena Montessori College in Wellington, and is about to release the sequel to her book titled 'Shush, You!'. Her strengths as author and coach is that she is focussed on understanding both sides to any story, helping to compromise and settle misunderstandings that arise between individuals and generations.

Join Eva-Maria on her journey to improve ten million adult-teenager relationships around the world!

It all started from a mentoring training workshop which Eva-Maria attended when she was only 13. Athena Montessori College in Wellington prepared several students to become mentors at a school camp recognising the fact that sometimes teens would much rather prefer to speak to their peers rather than an adult. This initiative proved to be very successful and improved morale and climate at the college from then onwards..

Call it destiny, when as the result of mentor training Eva-Maria became a recognised college confidant with students coming to her for feedback and coaching almost every hour of the day. Eventually she got approached by friends of friends when they got into situations they could not talk to anyone about.

Since then, Eva-Maria has been the Assistant Editor of Tearaway Magazine – the only magazine for youth in New Zealand, was on the weekly Youth Panel of the Good Morning Show in the first half of 2009, is the youngest certified Life & Family Coach, reached her goal of enrolling in the Psychology Course at University, has been invited to lecture at one of the most well-known Psychology courses in the world, was awarded Most Inspirational Role Model at the Her Business Awards, and was recently appointed President of the Wellington Chapter of the National Speakers Association of New Zealand. Today, Eva-Maria is an international speaker, recently travelling back to her home land Russia, and touring around New Zealand and Australia, where she holds a strong presence in the speaking circuit, presenting to groups, businesses and schools. Her focus to help young people reach their dreams, to help parents, teachers and youth workers understand and build better relationships with teenagers, and help businesses with organisational succession, speaking presentations, becoming an author at any age, and understanding social networking and marketing.

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